

Dr. David Kim, Facial Plastic Surgery
55 Francisco Street, Suite 705; San Francisco, CA 94133
415.773.0800
After Hours Number: 415-703-7922

Medications to Avoid

If you are taking any medications on this list, they should be discontinued 2 weeks prior to surgery and only acetaminophen products, such as Tylenol, should be taken for pain. All other medications – prescriptions, over-the-counter and herbal – that you are currently taking must be specifically cleared by Dr. Kim prior to surgery. It is absolutely necessary that all of your current medications be specifically cleared by Dr. Kim.

Aspirin Medications to Avoid

Affect blood clotting.

4-Way Cold Tabs	Cama Arthritis Pain Reliever	Isollyl Improved	Percodan products
5-Aminosalicylic Acid	Carisoprodol Compound	Kaodene	Phenaphen/Codeine #3
Acetilsalicylic Acid	Cataflam	Lanorinal	Pink Bismuth
Actron	Cheracol	Ibuprohm	Piroxicam
Adprin-B products	Choline Magnesium	Lodine	Propoxyphene
Aleve	Trisalicylate	Lortab ASA	Compound products
Alka-Seltzer products	Choline Salicylate	Magan	Robaxial
Amigesic Argesic-SA	Cope	Magnaprin products	Rowasa
Anacin products	Coricidin	Magnesium Salicylate	Roxeprin
Anexsia w/Codeine	Cortisone Medications	Magsal	Saletto products
Arthra-G	Damason-P	Marnal	Salflex
Arthriten products	Darvon Compound-65	Marthritic	Salicylate products
Arthritis Foundation products	Darvon/ASA	Mefenamic Acid	Salsalate
Arthritis Pain Formula	Diclofenac	Meprobamate	Salsitab
Arthritis Strength BC Powder	Dipenturn	Mesalamine	Scot-Tussin Original 5-Action
Arthropan	Disalcid	Methocarbarnol	Sine-off
ASA	Doan's products	Micrainin	Sinutab
Asacol	Dolobid	Mobidin	Sodium Salicylate
Ascriptin products	Dristan	Mobigesic	Sodol Compound
Aspergum	Duragesic	Momentum	Soma Compound
Asprimox products	Easprin	Mono-Gesic	St. Joseph Aspirin
Axotal	Ecotrin products	Motrin products	Sulfasalazine
Azdone	Empirin products	Naprelan	Supac
Azulfidine products	Equagesic	Naproxen	Suprax
B-A-C	Etodolac	Night-Time Effervescent Cold	Synalgos-DC
Backache Maximum Strength Relief	Excedrin products	Norgesic products	Talwin
Bayer Products	Fiorgen PF	Norwich products	Triaminicin
BC Powder	Fiorinal products	Olsalazine	Tricosal
Bismatrol products	Flurbiprofen	Orphengesic products	Trilisate
Buffered Aspirin	Gelpirin	Orudis products	Tussanil DH
Bufferin products	Genprin	Oxycodonc	Tussirex products
Buffetts 11	Gensan	Pabalate products	Ursinus-Inlay
Buffex	Goody's Extra Strength	P-A-C	Vanquish
Butal/ASA/Caff	Headache Powders	Pain Reliever Tabs	Wesprin
Butalbital Compound	Halfprin products	Panasal	Willow Bark products
	IBU	Pentasa	Zorprin
	Indomethacin products	Pepto-Bismol	

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Ibuprofen Medications to Avoid

Affect blood clotting.

Acular (ophthalmic)	Haltran	Nabumetone	Rhinocaps
Advil products	Indochron E-R	Nalfon products	Sine-Aid products
Anaprox products	Indocin products	Naprosyn products	Sulindac
Ansaid	Ketoprofen	Naprox X	Suprofen
Clinoril	Ketorolac	Nuprin	Tolectin products
Daypro	Ibuprin	Ocufen (ophthalmic)	Tolmetin
Dimetapp Sinus	Ibuprofen	Oruvail	Toradol
Dristan Sinus	Meclofenamate	Oxaprozin	Voltaren
Feldene	Meclomen	Ponstel	
Fenoprofen	Menadol	Profenal	
Genpril	Midol-products	Relafen	

Avoid ALL Diet Aids – Including Over-the-Counter & Herbal

Intensify anesthesia, serious cardiovascular effects.

Tricyclic Antidepressants to Avoid

Intensify anesthesia, cardiovascular effects.

Adapin	Doxepin	Maprotiline	Tofranil
Amitriptyline	Elavil	Norpramin	Triavil
Amoxapine	Endep	Nortriptyline	Trimipramine
Anafranil	Etrafon products	Pamelor	Vivactil
Asendin	Imipramine	Pertofrane	
Aventyl	Janimine	Protriptyline	
Clomipramine	Limbitrol products	Sinequan	
Desipramine	Ludiomil	Surmontil	

Other Medication to Avoid

Affect blood clotting.

4-Way w/ Codeine	Dicumerol	Miradon	Stelazine
A.C.A.	Dipyridamole	Opasal	Sulfinpyrazone
A-A Compound	Doxycycline	Pan-PAC	Tenuate
Accutrim	Emagrin	Pentoxifylline	Tenuate Dospan
Actifed	Enoxaparin injection	Persantine	Thorazine
Anexsia	Flagyl	Phenylpropanolamine	Ticlid
Anisindione	Fragmin injection	Prednisone	Ticlopidine
Anturane	Furadantin	Protarnine	Trental
Arthritis Bufferin	Garlic	Pyroxate	Ursinus
BC Tablets	Heparin	Ru-Tuss	Virbamycin
Childrens Advil	Hydrocortisone	Salatin	Vitamin E
Clinoril C	Isollyl	Sinex	Warfarin
Contac	Lovenox injection	Sofarin	
Coumadin	Macrochantin	Soltice	
Dalteparin injection	Mellaril	Sparine	

Salicylate Medications, Foods & Beverages to Avoid

Affect blood clotting.

Amigesic (salsalate)	Pabalate	Almonds	Garlic
Disalcid (salsalate)	Pepto-Bismol (bismuth subsalicylate)	Apples	Ginger
Doan's (magnesium salicylate)	Salflex (salsalate)	Apricots	Grapes
Dolobid (diflunisal)	Salsalate	Blackberries	Pickles
Magsal	Salsitab (salsalate)	Boysenberries	Prunes
Pamprin (Maximum Pain Relief)	Trilisate (choline salicylate + magnesium salicylate)	Cherries	Raspberries
Mobigesic		Chinese Black Beans	Strawberries
		Cucumbers	Tomatoes
		Currants	Wine

Vitamins and Herbs to Avoid

Affect blood clotting, affect blood sugar, increase or decrease the strength of anesthesia, rapid heartbeat, high blood pressure, liver damage. Note: Just because it is not of this list does not mean that it is safe to take while preparing for surgery.

Ackee fruit	Devil's club	Goldenseal	Muwort
Alfalfa	Dong Quai root	Gotu Kola	Nem seed oil
Aloe	Echinacea	Grape seed	Onions
Argimony	Ephedra	Guarana	Papaya
Barley	Eucalyptus	Guayusa	Periwinkle
Bilberry	Fenugreek seeds	Hawthorn	Selenium
Bitter melon	Feverfew	Horse Chestnut	St. John's Wort
Burdock root	Fo-ti	Juniper	Valerian/Valerian Root
Carrot oil	Garlic	Kava Kava	"The natural Viagra®"
Cayenne	Ginger	Lavender	Vitamin E
Chamomile	Gingko	Lemon verbena	Willow bark
Chromium	Gingko biloba	Licorice root	Yellow root
Coriander	Ginseng	Ma Huang	Yohimbe
Dandelion root	Gmena	Melatonin	

If you are taking anything not on this list, please call the office at 415.773.0800 to notify us and make sure that it is okay.